



American  
Red Cross

Together, we can save a life

## **PRAIRIEWINDS CHAPTER**

SERVING LINCOLN, LYON  
PIPESTONE, YELLOW MEDICINE  
COUNTIES



**THE AMERICAN RED CROSS – PRAIRIE WINDS CHAPTER**  
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### **INFORMATION CONCERNING THIS CHAPTER AND OUR CLASSES**

This Chapter of the American Red Cross places a strong emphasis on quality training and on our students being able to perform and remember what they are taught.

Many of our students are “required” to take our training to meet OSHA, regulatory or other employment requirements. We try to ensure that whether it is their first time or tenth time taking this training, that each one of them walks away with more than the basic knowledge they came to class for. We don’t just “pass” students who have shown up for the class and we do follow-up with all students who have taken our CPR classes every 11-12 months to ensure they have retained their basic training skills – either through a refresher training course or a test-out.

We are a local non-profit agency that does not receive any support from the State of Minnesota, the federal government, FEMA or the National office of the American Red Cross. We are required to be financially self-sufficient. Our class revenues, sale of class products and first aid kits as well as donations from the residents of our communities and some grant funds keep our doors open.

1. **Class Dates:** To be determined. We require a minimum of two (2) weeks notice to ensure instructors and class materials will be on hand. The training can be done on a week day, in the evening or on a Saturday.
2. **Class Details and Timeline:** Each class will consist of the following:
  - **Before Giving Care:** This is a required intro to every American Red Cross class. It teaches students how to recognize emergencies, respond to them, report them to 911, take steps to prevent disease transmission, discusses the Good Samaritan law and responder liabilities. Students are required to perform several skill tests and take a ten question written test at the end of the class. This portion of the class takes app. 1.0 hour.
  - **Adult CPR/AED:** This portion of the class covers cardiac arrests and strokes, how to respond to same, rescue breathing, CPR, choking skills (conscious and unconscious) and a general overview of AED (automated external defibrillator) usage which can be geared towards the client’s own AED if they own one. It pertains to all patients over the age of 12. Students are required to

perform several skill tests and take a ten question written test at the end of the class. This portion of the class takes app. 1 – 1.50 hours depending on the number of students in the class.

- **First Aid:** This class is prefaced by the Before Giving Care section. The actual First Aid class covers basic first aid emergencies and how to recognize and treat the following: burns, open and closed wounds, bandaging and splinting techniques, heat and cold related emergencies, animal and insect bites and other assorted medical emergencies. Students are required to perform several skill tests and take a fifteen question written test at the end of the class. This portion of the class takes app. 2.5 hours.
  - **Infant/Child CPR:** This can be a separate class or added onto the Adult CPR class. Instruction will cover rescue breathing, CPR and choking skills (conscious and unconscious) for children 1-11 years old and infants under 1 year old. Students must perform several skill tests and take a ten question written test at the end of the class. This portion of the class takes 1.0 hours.
3. **Class Location:** Classes can be held at the local Chapter office OR at the client's location. If the client's location is more than 30 miles from Marshall, there will be a fee charged for the Instructor's mileage.
  4. **Class Start/Stop Time:** To be determined by the client.
  5. **Cost per student:** Negotiable based on the number of students and the type(s) of training requested. Typically, we charge \$35.00/per student for an Adult CPR/AED class OR Infant/Child CPR class; \$35/per student for the First Aid class; \$45.00 per student for Adult/Infant/Child CPR class and \$55/per student for all three types of CPR AND First Aid. This fee covers: the training noted above, all training materials, all class supplies and the instructor(s) hourly fee. All training materials and supplies become the property of the student following the class.
  6. **Class Size:** American Red Cross protocols require one (1) instructor for every (10) students to ensure proper training. Due to the skill and written testing done during the class, we suggest a maximum class size of no more than 10-15 students to ensure all students are properly trained. However, we can accommodate any class size by adding more instructors.
  7. **Certification periods:** First Aid certification is good for three (3) years from the date taught. CPR certification is good for one (1) year from the date taught.
  8. **CPR Recertification option:** Our clients can elect to take the following option: Eleven months after the students have been certified in CPR, the local American Red Cross chapter can come to the client's facility to "test out" each student on their skills. This "test out" is an insurance policy to confirm the student remembers and can perform the required skills (i.e.: rescue breathing, CPR and choking skills.). This "test out" is done at no charge and takes app. 15 minutes per student. If the student passes the recertification test, the student will be recertified for an additional year at no cost. If the student does NOT pass the recertification test, the student must take a refresher class to continue their certification.
  9. **CPR Refresher Class:** This is an option that the client can automatically choose OR may apply only to those students who did NOT pass the "test out". The client and the Chapter will schedule a joint refresher class app. 3 hours long for all

students OR those who failed the “test out”. The same materials, skill tests and written tests will apply as in the original class. There is no charge for this refresher class.