



American
Red Cross

Together, we can save a life

PRAIRIEWINDS CHAPTER

SERVING LINCOLN, LYON
PIPESTONE, YELLOW MEDICINE
COUNTIES



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BASIC INFORMATION: The Prairie Winds Chapter of the American Red Cross is based in Marshall, MN and supports Lincoln, Lyon, Pipestone and Yellow Medicine Counties. We're dedicated to providing quality training through certified instructors at affordable prices. Our Health & Safety Program is self-supporting and revenues enable us to keep a local Chapter office in this part of the state.

CLASS INFORMATION: Training is based on the latest scientific findings and meets OSHA guidelines. Classes consist of DVD training, lectures, demonstrations, discussion and hands-on practice. Training materials are included in the cost of all classes excluding refresher courses. Classes are held at either the local Chapter office 301 2nd Street South in Marshall or the Avera Marshall Regional Medical Center.

CLASS REGISTRATION: Contact the local Chapter at 507-532-5565 to register for classes OR to obtain additional information. Payment is due to the Chapter within one (1) week of registration and is non-refundable but can be transferred from one date to another.

(NOTES: The time given for each class is an estimate based on a class of 5-10 students and may be shorter or longer than noted. If the dates noted do not work for you, a private class can be scheduled for an additional \$10.00 fee.)

Infant/Child CPR for Grandparents OR Caregivers: (\$25/per person OR \$40/per couple) This is basic information class only; there is NO certification. This 3 hour class teaches students how to recognize, report and respond to breathing, choking and cardiac emergencies in children ages 0-12.

DATES: Thursdays: January 7th OR February 4th OR March 4th OR April 1st OR May 6th from 5:30 -8:30 PM

First Aid for Children Today (FACT): (\$20) This is a 3 hour class. The FACT Critter Clan leads kids K-3 through health promotion and injury prevention activities which include hygiene, health habits, first aid, personal safety and injury prevention.

DATES: Saturdays: January 9th OR February 6th OR March 6th OR April 10th OR May 1st from 9:00 AM – 12 noon

Basic Aid Training (BAT): (\$20) This is a 3 hour class. Children grades 3-5 learn emergency response skills and rescue breathing as well as ways to prevent and care for choking, wounds, nosebleeds, falls, animal bites, fire safety, poisoning, water accidents substance abuse and more.

DATES: Saturdays: January 9th OR February 6th OR March 6th OR April 10th OR May 1st from 1:00 PM – 4:00 PM

Dog First Aid: (\$35) This is a 3-4 hour course that covers basic pet owner responsibilities like spaying, neutering and administering medications to managing breathing or cardiac emergencies and preparing for urgent care situations, car accidents, wounds, electrical shocks, eye/ear/foot injuries. This is a MUST class for anyone who loves their pet OR has invested in a hunting or breeding animal.

DATES: Mondays: January 25th, February 15th OR March 29th OR April 26th OR May 24th from 5:30 – 9:30 PM

Babysitting Training/Jr. Child Care: (\$35) This is a *certified* 7 hour class designed for young people ages 11-15 that care for siblings, baby-sit, stay home alone or are around younger children on a regular basis. It teaches them how to handle medical emergencies and illnesses; perform first aid and infant/child CPR; supervise young children and to perform basic care routines such as diapering, feeding and dressing children. *Students should bring a brown bag lunch, snacks and beverages for the day.*

DATES: Saturdays: January 16th OR February 20th OR March 20th OR April 17th OR May 15th from 9:00 AM – 4:00 PM

Infant & Child CPR for the Community: (\$35) This is a 4 hour certified training program which teaches students what to do before giving care; how to recognize and care for emergencies, perform rescue breathing and basic CPR as how to handle choking situations in children ages 0-12. *Certification is good for one year. Students will have the option of taking a refresher course below for a second year of certification OR can contact the Chapter to complete a “test out” for a second year of certification.*

DATES: Tuesdays: January 5th OR 19th; February 2nd OR 16th; March 2nd OR 16th; April 6th OR 20th; May 4th OR 18th from 5:30- 9:00 PM

Adult CPR/AED for the Community: (\$35) Same as the above except it includes the use of an AED; recognizing and dealing with strokes and heart emergencies and handling choking situations for anyone over the age of 12. *The same recertification choices will apply.*

DATES: Wednesday: January 6th OR 21st; Thursdays: February 11th OR 25th; March 11th OR 25th; April 8th OR 22nd; May 13th OR 27th from 5:30 – 8:30 PM

Infant & Child CPR for the Community Refresher Course: (\$30) This is a 3 hour certified refresher training program which reviews everything taught in the original class. (The student uses the training materials provided at the original class.) Students must provide proof of current certification at the class. *Certification is good for one year.*

DATES: **Thursdays: January 14th OR February 18th OR March 18th OR April 15th OR May 20th from 5:30 – 8:30 PM**

Adult CPR/AED for the Community Refresher Course: (\$30) Same as the above except for the adult class.

DATES: **Tuesdays: January 12th OR February 9th OR March 9th OR April 13th OR May 11th from 5:30 – 8:30 PM**

First Aid for the Community: (\$35) This is a basic 3-4 hour certified training program which teaches students what to do before giving care; recognizing and caring for emergencies; treating cuts, scrapes, bruises, burns, bleeding, shock; and caring for injuries to bones, muscles, joints and sudden illnesses. *Certification is good for three years.*

DATES: **Mondays: January 4th OR 18th, February 8th OR 22nd, March 8th OR 22nd, April 5th OR 19th, May 3rd OR 17th from 5:30 - 9:30 PM**

CPR/AED for the Professional Rescuer: (\$70) This is a 7-8 hour advanced *certified* training program designed for those with a duty to respond (lifeguards, nurses, phys ed teachers, etc.) OR students in nursing, massage or physical therapy programs, dental hygienists OR those who work in any type of medical setting. It teaches rescue skills; recognizing and handling emergencies; rescue breathing; CPR for all ages; the use of an AED; responding to choking emergencies and other advanced skills. *Certification is for one OR two years based on the reason the class is being taken.*

DATES: **Saturdays: January 16th OR February 20th OR March 20th OR April 17th OR May 8th 9:00 AM– 4:00 PM**

CPR/AED for the Professional Rescuer Refresher: (\$40) This is a 4 hour refresher of the original class above. *Students must bring a current CPR PR manual and a pocket breathing barrier mask from their original class. If they do not have them, they must pay the full class price of \$70. Certification is good for one OR two years based on the reason the class is being taken. Students should bring a brown bag lunch, snacks and beverages.*

DATES: **Saturdays: April 3rd OR May 1st OR 22nd from 9:00 AM- 1:00 PM**
(other dates may be available as scheduled with the Chapter)